

Spirit without Rebound. Rebound + the Filling of the Spirit = Spirituality (winner). Sin - Rebound = Carnality (loser) Rebound is a problem solving device for the sins of the believer and is a descriptive term. It is a technique. Rebound is simply admitting your sins to God the Father in the name of the Lord Jesus Christ (1 John 1:9). It is designed by God so that the believer can bounce back from sin.

3. THE FAITH REST DRILL:

By faith the believer applies doctrine logically while resting in God's promises. The Believer must first have a relaxed mental attitude. Then he can concentrate on the doctrines that pertain to his needs, restoring his divine-view point thinking. Then he can reach a doctrinal conclusion and take control of the situation.

Since concentration on doctrine requires a relaxed mental attitude, the believer's mental attitude becomes a prime target of satanic opposition against the power of God's Word.

People are all different and so their circumstances will be too. Some will have problems of arrogance, jealousy, bitterness, depression, or anger. But the most potent enemy of all is fear. Fear is a mental attitude sin that shuts down thought and makes doctrinal application impossible.

If you're in a state of panic you can't think clearly. The difference between a brave man and a coward is that the brave man thinks under pressure and the coward does not.

You can conquer fear with promises:

- 1. First, claim a Biblical promise**
- 2. Then, apply a Doctrinal Rationale**
- 3. Finally, reach Doctrinal conclusions – take control of the situation**

Everyone is susceptible to fear, even mature believers. When fear catches you off-guard, you must quickly recover your mental poise, your ability to think and apply the doctrine in your soul.